

**HEARTFLAME REIKI**

Heartflame Reiki is a partnership between two gifted healers, teachers and awakeners. Bill Taylor and Mary Lynn Perry offer a tapestry of energy, all heart-centered, that addresses the physical, emotional, mental and spiritual healing that the client most needs. These energies include Usui Reiki, Quantum Touch and The Reconnection. Bill has been a Reiki Master since 2002 and Mary Lynn became a Reiki Master in 2006.



**HEARTFLAME REIKI**

Location by Arrangement  
Sacramento, CA 95822  
Web site: [www.heartflame-reiki.com](http://www.heartflame-reiki.com)

Phone: 916-692-9294  
Treatment Hours:  
By Appointment.  
E-mail: [info@heartflame-reiki.com](mailto:info@heartflame-reiki.com)

July, 2014

**HEARTFLAME REIKI**

Comforting the Body and Soul

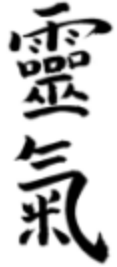
# HEARTFLAME REIKI

## ENERGY HEALING



**TEL : 916-692-9294**

## WHAT IS ENERGY HEALING?



Energy healing is a process of transferring energy from the spiritual or universal realm to the client by means of lightly touching the person. The practitioner can also transfer the energy by holding their hands a short distance away from the client as well, but we have found that the energy transmission is much stronger with a gentle touch. The client remains fully clothed and relaxes in a chair or reclines. Most clients will feel a sense of calmness and relaxation, after the session. Some may feel energized and full of vigor. The results will vary with each client and it is the body's subtle energy centers that are being aligned and supported during the session. Each person will have a different experience as each person's subtle energy body is unique.

## CLASSES OFFERED :

### Reiki Level One:

Reiki, a hands-on healing system from Japan, is a set of 5 principles for living, a set of hand positions for treating yourself and others, and the receiving of an attunement to connect you to the Reiki energy. Learn the true story of the discovery and spread of Reiki and the why, where and how to use Reiki to facilitate healing. Receive 3 attunements and 2 Reiki symbols to begin your own individual Reiki healing.

### Reiki Level Two:

Continue your training in the art of Reiki. Learn to do distance healing and be attuned to the Level 2 symbol to effect emotional healing in yourself and others.



### Maximize Your Life Force Energy:

This short class teaches a variety of techniques for stress reduction including meditation, chair yoga, breathing techniques and tapping.

## OTHER SERVICES :

### Reiki Circle for Practitioners and Students

### Reiki Healing Circles

### Reiki Relaxation Station for Community Events

(Most of the above are free)

### Individual Treatments:

One Hour—\$65

Half Hour—\$35

### Gift Certificates Available

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